Northeast Pierce Resource Guide

Where to Go for Help, to Volunteer, & to Donate

In the Bonney Lake, Sumner, Buckley, & Orting Communities

Winter 2015-16 Edition

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Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources" to access the guide).
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).
- **The Sumner School District's website** www.sumnersd.org (click on "For Families" to access guide)

About this Resource Guide: The resource information included in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups.
To update information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com.
This resource guide is a volunteer service project and not affiliated with a specific agency or organization.

GENERAL ASSISTANCE & RESOURCES

Sumner / Bonney Lake Family Support Center, at Sumner Middle School Campus; 253-891-6535; www.sumnersd.org

- Serves: Families in the Sumner School District, assisting them with connecting to community resources such as energy assistance, housing, classes, events, immunizations, and county-wide resources. Programs include sewing classes, summer youth programs, parenting classes, Latino services, pee-wee play time and more.
- Access Point 4 Housing Coordinator now located on site.
- Open: Monday - Thursday 9 am-4:30 pm, and Friday 9 am-4 pm, closed 12-1 for lunch daily.
- Donate: School supplies, snacks for classes, diapers, stocking stuffers, gift cards, hygiene items, money.
- Volunteer: Help at summer programs and back to school night.

White River Community Outreach, at the Buckley Youth Center, 251 River Ave. S., 360-761-7897, www.wrco.org

- Serves: Families & individuals in greater Buckley/Bonney Lake community, connecting them to local and county resources.
- Open: Tuesday & Thursday 11 am-2 pm at Buckley Youth Center, 251 River Ave. S., Buckley
- Donate: Personal hygiene items, powdered laundry soap, gift cards for gas or shoes, money.
- Volunteer: Call WRCO for more volunteer opportunities in the area.

White River Family Support Center, 27515 120th St. E., Buckley (at old WR Middle School / WRAP); 360-829-5883

- Serves: Children and families in the White River School District through a broad range of support services and activities. Parenting workshops, in-home parent support, and linkages to resources.
- Open: Monday and Wednesday 8 am – 12:30 pm and Tuesdays 8 am – 2:30 pm.
- **DSHS Financial Specialist** available (food stamps, welfare, medical) – call for an appointment 360-829-6483. Accessible for everyone, no school boundary restrictions.
- Donate: Winter coats, school supplies, gas cards, money.
- Volunteer: School supply distribution in August and Cocoa, Coats & Crafts in November.

Plateau Outreach Ministries (Samaritan Project), 1806 Cole St, Enumclaw, 360-825-8961; www.plateauoutreach.com

- Serves residents of Buckley, South Prairie, Wilkeson, Carbonado, Enumclaw, and Black Diamond. Provides assistance to become self-sustaining (rent, utilities, medical, food, clothing, counseling, case management, and senior care services.
- Open: Monday, Wednesday, & Thursday 9:30 – 11:30 for walk-in appointments.
- Donate: Clothing, food, or money; donate items to the POM thrift store More Pennies from Heaven.
- Volunteer: At food bank, thrift store, working directly with clients, or administrative tasks.

Love, INC Pierce County, 10213 139th St. Ct. E. #81, Puyallup, www.loveincpiercecounty.org

- Love INC affiliates, through the church volunteers, serve ***anyone with a manageable need*** in their service area. A manageable need means that the people and resources identified and available from the local churches (or community agencies, charities or ministries) exist to address the need. NOT an emergency or relief organization.
- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.
- A network of Christian churches working together to help those in need in our community.

Readiness to Learn, Puget Sound Educational Service District, 253-798-7949

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

ONLINE RESOURCES:

Within Reach Resource Finder, Find services and resources in WA State online: https://resources.parenthelp123.org/

Washington Information Network 2-1-1 Community Resources online: http://www.resourcehouse.org/WIN211

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenhelp.org

Pierce County Community Connections Resource Guide: http://www.co.pierce.wa.us/index.aspx?nid=1992

FOOD / HOT MEALS

Bonney Lake Food Bank, 18409 Veterans Memorial Dr. E., 253-208-6779; www.teamblcr.us

- Serves: Residents of Bonney Lake and greater area, proof of address required.
- Open: Wednesdays, Thursdays & Fridays 10:00 am – 1 pm and Tuesday & Friday evenings 5 pm – 7 pm.
- Volunteer: Food pickup, sort & bag food, donate food & pet food.

Buckley Kiwanis Food Bank, 127 N. River Ave., Buckley (near Glacier Middle School); 253-266-7309

- Serves: Residents in White River and Carbonado School Districts
- Open: Wednesdays 9 am – 2 pm and Fridays 9 am – 12 noon

Emmanuel Food Pantry, at St. Andrews Catholic Church, 1402 Valley Ave., Sumner; 253-350-4899; www.standrewsumner.org

- Serves: Residents of Sumner & Bonney Lake.
- Open: Mondays 10 am-12 pm, Wednesdays 4 pm-7 pm, and Fridays 10 am-12 pm.
- Volunteer: Food pickup or delivery, bag food, help make holiday food baskets. Donate Food.

Sumner Food Bank, 15625 Main St. E., Sumner; 253-863-3793; www.sumnerfoodbank.org

- Serves: Residents in zip codes 98390 Sumner/Bonney Lake and 98391 w/ Lake Tapps address.
- Open: Mondays, Tuesdays, Wednesday and Fridays from 1 – 3 pm, and Thursday evenings 5-7 pm.
- Volunteer: Sort and bag food, help make holiday food baskets. Donate Food.

Plateau Outreach Ministries Food Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wednesdays 9:30 am – 12 noon. Emergency Pantry open Mon – Sat 10 am – 4 pm.
- Volunteer: Help unload NW Harvest food truck Mon. 12:30 to 1:00 pm, and help in thrift store.

WonGen Central Community Services, 14104 Prairie Ridge Dr., Bonney Lake (located at Prairie Ridge Community Service Center); 253-861-6877; www.wongencentral.org

- Serves: Working poor families to regain financial stability by providing food, household goods, clothing, and adult education. This is a referral-only program. Please call if you have a family to refer.
- Donate: Food, clothing, equipment, diapers, feminine hygiene items and household commodities.
- Volunteer: Pick-up food at local stores, assist with building improvements or maintenance.

FISH Food Banks of Pierce County, locations in Edgewood & South Hill Puyallup open to all, www.fishfoodbanks.org

- **Edgewood:** 3607 122th Ave E., Suite B. 253-826-4654 Open Thurs 3:30-6:30 & Sat. 11-2. Visit once a week.
- **South Hill:** 10425 187th St E, Puyallup, 253-846-3805. Open Mon. & Fri. 10-1:30 & Wed. 2-6. Visit once/wk.

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- Buckley; 127 N. River Ave., Buckley Hall; 253-829-0624; Wednesdays only 9am–4:45pm
- Bonney Lake: 10004 204th Ave. E., Ste 2300; 253-447-4769; Tues & Fri 8:45am–12:30pm & 1:15pm–4:45pm
- Provides food & vouchers for pregnant women, breastfeeding & postpartum women, infants, & young children.

Prairie Ridge Wednesdays Free Community Dinner, at Rec Hall 14205 215th Ave. E., Bonney Lake; 253-897-8378

- Serves: Community feeding program open to all with emphasis on Prairie Ridge families.
- Open: Wednesdays from 6pm – 6:45pm. Family game time, bingo, karaoke, or crafts follows at 6:45. Some exceptions on scheduling (recommend following "Prairie Ridge Community Coalition" on Facebook for menu & updates).
- Donate/Volunteer: Help serve or prepare meals. Food and supply donations.

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FOOD / HOT MEALS (continued from previous page)

Buckley Soup, at the Buckley Multi-Purpose Center, 811 Main St., Buckley. 253-829-0190.

- Serves: Open to everyone Second Wednesdays at 5:00 pm. Event is sponsored by a different group each month. Bring your own bowl.

"Full Bellies" Enumclaw Free Meal Site, Sponsored by Rainier Foothills Wellness Foundation at Calvary Presbyterian Church, 1725 Porter St., Enumclaw, fullbellies@yahoo.com

- Open to everyone every Thursday except the last Thurs.5:30 – 6:30. Each dinner prepared by various community groups.

Senior Center Lunch Programs:

- Bonney Lake Senior Center Lunch Program, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658. Lunch served Monday – Friday at 11:45 am, $3 suggested donation ($5 for non-seniors under 55).
- Sumner Senior Center Lunch Program, 15506 62nd St. E., Sumner; 253-891-2910. Lunch served Monday – Friday at 11:45 am, $2.50 suggested donation ($5 for under age 60). Meals on wheels available.
- Buckley Senior Center Lunch Program, 811 Main St., Buckley; 360-829-0190. Lunch served Monday – Friday at noon, $3 suggested donation ($5.75 for those under 60).

Neighbors Feeding Neighbors for homebound seniors on the Plateau presented by Rainier Foothills Wellness Foundation, 360-825-4741

- Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs $5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.

Enumclaw Simply Soup at the Enumclaw Senior Center located at 1350 Cole St., Enumclaw.

- Free meal open to everyone the last Thursday of every month 5:30 – 7:00 pm No charge - bring your own bowl and spoon

Big Give (Thanksgiving Food Baskets), www.communitybiggive.com –e-mail biggive@livinglifeopen.com.

- Distribution at Walmart Garden Center for Bonney Lake families and at Fred Meyer in Sumner for Sumner families on the Saturday before Thanksgiving. Vouchers distributed by school counselors & food banks. Sponsored by Open Life Church.

Summer Feeding Programs for Children: (please call for serving times and volunteer opportunities)

- Sumner School District Locations: Daffodil Valley Elem. (Sumner) 11:15 – 12:30 & Liberty Ridge Elem. (Bonney Lake) 11:30 – 12:30. Both Serve Breakfast from 8:30 to 8:45. More info 253-891-6000.
- Bonney Lake Food Bank: Rhododendron Park lunch 11:30 – 11:45 and Allan York Park dinner 5;00 – 5:15 & lunch Tuesdays 10:45 – 11:15. More info 253-863-4043. www.teamblcr.us
- Mother 2 Many: Sumner Skate Park Mondays at 3:15 and at Sumner Library 1st & 3rd Wed. 3:15.
- The Buckley Youth Activities Center free lunches (noon – 1:00). Adults $4.25. Located at 251 S. River Ave. in Buckley. Summer feeding program sponsored by White River School District. More info 360-829-6534
- Prairie Ridge Mon. – Fri. 11:30 – 12:15 at Rec Hall Park in partnership with White River School District, WonGen Central Community Services and volunteers. Privately funded. More info 360-897-8378

Liberty Ridge Elementary (Bonney Lake) Free Dinner

- Serves children ages 0 – 18 years during the school year only, Mon-Fri 5:00 – 5:45. Located at 12202 209th Avenue Court East, Bonney Lake.

Daffodil Valley Elementary (Sumner) Free Dinner,

- Serves: Children ages 0 – 18 years during the school year only, Mon.-Thurs. 5:45-6:30pm and Fri. 4-5pm. Adult dinners can be purchased for $4.

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FOOD / HOT MEALS (continued from previous page)

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center, 253-798-4600

- Provides low income, Pierce County seniors with vouchers to purchase produce from participating farmers markets and roadside stands.
- Eligible applicants age 60+ (or 55+ if Native American or Native Alaskan), must be able to pick up vouchers in person at local location.

Hearts and Homes, Calvary Community Church, Sumner, 253-863-3352, www.cccsumner.org

- Prepares home cooked meals which are provided to families dealing with illness or crisis.

Mountain View Community Center Free Dinner Thursdays at 5pm, located at 3607 122nd Ave E, Edgewood, 253.826.4329

- Primarily serves residents of Sumner, Puyallup, Edgewood, Milton & Fife. Other services also available.

Hot Meal Sites in Puyallup:

- Monday - Friday 6pm: Nat'l Guard Armory, 622 4th Ave SE, Puyallup. 253-840-4670
- Mon, Wed. & Fri. Noon – 5:00 pm (lunch 1:00 – 3:30) at "The Hangout" at Peace Lutheran Church, 623 9th Ave. SW
- Tues & Thurs. Noon – 3pm at Community Of Christ Church, 503 2nd St. SW, Puyallup
- Saturdays 11:00am at Peace Lutheran Church, 214 E. Pioneer Ave., Puyallup.
- Sundays 2pm at Immanuel Lutheran Church, 720 West Main St., Puyallup
- Volunteer: Contact St. Francis House for meal site volunteer opportunities at www.stfrancishouse.net

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive, or live with someone who drives. Meals arrive frozen.

Bountiful Baskets Food Co-op (BBFC). www.bountifulbaskets.org

- A non-profit that distributes produce baskets, organic produce baskets, artisan bread and sandwich bread every other week. There is a Buckley and Bonney Lake pick-up location, among many others. Register on the website.

Bonney Lake Community Garden, City of Bonney Lake & Bonney Lake Community Resources, 253-677-3345

- Assigned garden plots available at no charge. Complete the garden plot request form on website www.teamblcr.us.

Sumner Community Gardens & Farm, City of Sumner, 253-863-6300, Info online at www.ci.sumner.wa.us

- Two locations at Shepherd's Field at 245 Valley Ave. E. and The Farm by city of Sumner cemetery.

Families Unlimited Food Bank, Serving Pierce County. http://www.familiesunlimitednetwork.org/programs/food-bank/

Family Food Hotline: 1-888-4FOODWA (1-888-436-6392)

Food Assistance - Apply online or see if you qualify https://www.washingtonconnection.org/home

- Medical, childcare, cash and long term care benefits. Can also renew benefits, report changes, and find services.

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES

Bonney Lake Seventh Day Adventist Church Clothing Bank, 11503 214th Ave S., Bonney Lake; 253-862-8620; www.blsda.com (Entrance located in back of the church)

- Serves: Adults and children, providing clothing, household products, toiletries, diapers, and more.
- Open: First & Third Mondays only, 9 am to 11 am (donations accepted between 8am and noon).
- Donate: Good condition adult and children's clothing, bedding, unopened toiletries & cleaning products.
- Volunteer: Sort and organize clothing.

Lions 4 Kids House, 18429 89th St. E., Bonney Lake (behind Grocery Outlet); 253-447-3844; www.lions4kids.com

- Serves: Children of all ages, providing clothing, school supplies & personal care items in the Sumner, Orting, White River, Carbonado, & Dieringer School Districts. Referral required. Also does Prom Project.
- Open: Hours vary depending on time of year – please call – referral is required.
- Donate: Children's clothing, new underwear and socks, prom dresses, toiletries & school supplies.
- Volunteer: Sort clothing, help children choose clothing, building maintenance, yard work, haircutters, & special events.

Donald Loomis Memorial Clothing Bank, 240 C St., Buckley (Behind school admin building) 360-829-6605

- Serves: Children & adults in the White River and Carbonado School Districts
- Open: Every Wed. 1 – 3pm and 1st & 3rd Saturdays 10am – 12noon
- Donate: Gently used clothing, shoes, coats, backpacks, and new underwear and socks.
- Volunteer: Sort and organize clothing.

St. Francis House, 322 7th St. S.E., Puyallup; 253-848-3618; www.stfrancishouse.net

- Serves: Families living below poverty line in East Pierce County areas, providing furniture, clothing, household goods, & ESL classes. Also coordinate the hot meal sites in Puyallup.
- Open: Tuesday, Wednesday, & Thursday 11:30 am – 2:30 pm, Friday evenings 6:30 pm – 9 pm.
- Donate: Furniture, appliances, clothing, household items, or money.
- Volunteer: At their clothing bank, a meal site in Puyallup, or at an ESL class.

Plateau Outreach Ministries Clothing Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wed. 9:30 am – 12 noon. Clothing provided through POM's More Pennies From Heaven Thrift Store
- Donate: Clothing and household items that support the thrift store
- Volunteer: Donation sorter, cashier, or pricer. Contact volunteer@plateauoutreach.com

TLC Clothing Outreach, Buckley Location: 253-569-0051, Wilkeson Location: 253-314-2540 https://www.facebook.com/TLCClothes, email: tlcclothingoutreach@outlook.com,

- Serves: Children and adults (newborn – adult plus sizes) in Buckley, Carbonado, Wilkeson, South Prairie, Bonney Lake, Enumclaw, Black Diamond, and Auburn.
- Open: By appointment – contact via Facebook. Requestors should include information about sizes and gender.
- Donate: Gently used clothing, shoes, coats and diapers.
- Volunteer: Sort and organize clothing

Little Angels Ministry Outreach, www.facebook.com/LittleAngelsOutreach; email littleangelsministry@gmail.com

- Helping families on the plateau in need of baby items, information and local resources.
- Donate: Gently used baby and children's clothing, shoes, equipment, diapers.
- Volunteer: Pick-up, sort, and organize clothing and equipment.

Calvary's Community Closet, 309 Valley Ave, Sumner, 253-863-3352 x216, www.calvarycommunitychurch.org

- Serves: Larger community – referral form required for all requests (through Community Agencies)
- Open: Tuesdays 9am – 12 noon and 2nd Saturdays 10am – 1pm.
- Donate: New and gently used clothing for children and adults.
- Volunteer: Sort and organize clothing and assist guests in finding clothing items.

Mother 2 Many Ministry, Bonney Lake; 253-921-2138, email info@mother2many.org, website: www.mother2many.org

- Helping homeless teens & young adults with support, clothing, coats, and personal care items. Donations needed.

The Wishing Well Foundation, Puyallup, 206-406-2398, www.thewishingwellwa.org

- Provides new and gently used clothes to children 0 – 18 years old in the foster care system in Pierce County.

TRANSPORTATION

Beyond the Borders Connector Routes (Sumner ONLY), Pierce County Community Connections, 1-888-600-8043, http://www.co.pierce.wa.us/index.aspx?NID=1269

- Serves: Older adults, individuals with disabilities, people with lower incomes, and youth ages 12 - 17 living in Sumner.
- Provides: Free, unlimited regular bus service route hourly in the Sumner area.
- Must register at least 24 hours advance during regular business hours - Call 1-888-572-4657 to register

Beyond the Borders Demand-Response Service, Pierce County Community Connections, 1-888-600-8043, http://www.co.pierce.wa.us/index.aspx?NID=1269

- Provides: Free transportation services to people in rural Pierce County (including Buckley, Bonney Lake, South Prairie, Carbonado, Wilkeson, and Orting.
- Serves: People with low incomes, disabled, seniors, and youth ages 12 – 17 may be eligible
- Available: Monday through Saturday 6am to 10pm
- Eligibility limited to:
    - Work-related trips (maximum ride total of $750/mo per person)
    - Transportation to dialysis appointments (unlimited)

Beyond the Borders Essential Transportation Project, Pierce County Community Connections http://www.co.pierce.wa.us/index.aspx?NID=1269

- Provides: Free transportation to essential services for people in the White River, Sumner, and Orting School Districts. Available Monday through Saturday 6 am to 10 pm.
- Three round-trip door-to-door rides provided per month to food banks, family support centers, WIC offices, clothing banks, mandatory school meetings, etc. Trip requests to destinations outside the area will be transported to nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available
- Serves: Low-income, seniors, persons with disabilities and/or youth ages 12 to 17 in White River, Sumner, Carbonado, Orting and other School Districts.
- All riders must complete an eligibility screening to use the service. Contact: (253) 476-4657.

Care Van, Rainier Foothills Wellness Foundation, 360-284-2444, www.enumclawrhf.org

- Serves: Anyone who lives in the areas of Buckley, Bonney Lake, Carbonado, WIlkeson, South Prairie & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency medical appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost.
- Available Monday/Wednesday/Friday 9am – 4pm and Tuesdays/Thursdays 9am – 2pm. Wheelchair accessible. Children under 16 must be accompanied by an adult.
- Call 2 -14 days in advance of appointment 253-284-2444. Children under 16 must be accompanied by an adult.
- Volunteer: Drivers needed – please call for more information on how to volunteer.

Sound Transit Express Rt 596, 1-888-889-6368, www.soundtransit.org/Schedules/ST-Express-Bus/596,

- Provides ST Express Bus service to and from Bonney Lake Park & Ride to the Sumner Station weekdays during morning and evening commute hours only.

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TRANSPORTATION (Continued from previous page)

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrides.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no other transportation options.
- Volunteer drivers take individuals to medical appointments, grocery shopping, food bank, and vital services.
- Volunteer: Drivers needed in all areas of Pierce County – apply online or call for more information

Sound Transit Sounder Train Service, 1-888-889-6368, www.soundtransit.org

- Provides Sounder Train Service between Lakewood and Everett, including stops at Sumner and Puyallup.

Paratransit Services, 1-800-925-5438, www.wanemt.com

- Provides transportation services for non-emergency medical appointments for elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card and have no other way to get to a medical appointment.

VanPool by Pierce County Transit, www.piercetransit.org/get-started

- Serves groups of 5 to 15 people traveling to and from work whose origin and destination are in Pierce County. The cost is based on commuter miles and number of riders each month. Join and existing vanpool or start a new group.

RideShare, http://rideshareonline.com 1-888-814-1300

- Assists commuters by providing free carpool, vanpool and bicycle ride matching services, bus/rail options, and SchoolPool carpooling programs for parents.

HEALTH CARE / DENTAL / VISION

Health Care Reform, Fact Sheets, and Resources: http://www.tpchd.org/health-wellness-1/health-care-reform/
Toolkit: Washington Healthplanfinder toolkit (http://www.wahbexchange.org/info-you/partners).

Apple Health for Kids, 1-866-798-6451 – Free or low-cost medical coverage for children under age 19. Apply for coverage any time, year round at www.wahealthplanfinder.org. Online toolkit: http://www.hca.wa.gov/hcr/me/Pages/training_education.aspx

Washington Basic Health Care Plan, Washington Health Care Authority 800-826-2444, http://www.hca.wa.gov/

- For low-income adults under age 65.

Washington Prescription Drug Program, Washington Health Care Authority 800-913-4146, www.hca.wa.gov

- Reduced prescription drug cost. Enroll online.

Pierce County Project Access, 253-572-7265 for donated medical care, deductions, etc. for uninsured.

Northwest Lions Foundation for Sight & Hearing / Bonney Lake Lions Club, www.bonneylakelions.com

- Provides glasses & hearing aids for those in need. Also has a mobile health van. See website for contact information.
- Donate: Used glasses & hearing aids to multiple locations (see website for sites).

Coastal Contacts – First Pair of Glasses are Free, http://www.coastal.com/firstpairfree (see terms and conditions)

- First pair is free, limited frame selection. Must have prescription from eye care professional, order online.

Medical Equipment Lending Closet at Senior Centers

Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us
Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com

- Offers free assistive equipment for ill, disabled or elderly people.

Health Screenings for Seniors at Buckley Senior Center; 360-829-0190; www.cityofbuckley.com

- Total health (diabetes, cholesterol, blood sugar, immunizations) on 1st Mondays 8:30 – 1:00. Hearing and eye screening every other month (call for schedule).

Mobile Dental Clinic; Rainier Foothills Wellness Foundation & Enumclaw Youth & Family Services 360-825-4586

- Provides free services to uninsured adults – urgent care only – for individuals in Buckley, Bonney Lake, Enumclaw, South Prairie, Carbonado, Wilkeson, Black Diamond and Greenwater.
- Located in Buckley once a month and Enumclaw once a month.
- Volunteer dentists & chair-side assistants are needed to volunteer for program. Contact laurelba@ayr4kids.org.

Mom & Me Mobile Medical Clinic; www.momandmemobile.org

- Provide no cost basic and preventative medical care to under-insured residents. Anticipate starting services Winter 2016.

Immunization Site (Free/Low-Cost) at South Hill Mall, Multicare www.multicare.org 253-697-4010 or www.tpchd.org

- Bring immunization records. No appointment needed. TB, flu shots, and immunizations available.
- South Hill Mall (near Old Country Buffet), 12:30 – 5 pm Mon. through Sat. (seasonal - call to confirm)

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HEALTH CARE / DENTAL / VISION (Continued from previous page)

Clean Air for Kids Asthma Outreach, Tacoma Pierce County Health Dept.; 253-798-2954; www.tpchd.org/asthma

- For an appointment e-mail cleanair4kids@tpchd.org or call 253-798-2954
- In-home service includes home environmental assessments, asthma management plan & supplies

Smoking Cessation: 1-800-QUITNOW Washington State Quit Line. Spanish Quit Line (800)266-3863. Support groups offered at Franciscan Health System, call (253)223-7538 and online classes at MultiCare www.multicare.org, (800)485-0205.

Community Health Care Clinic, Pacific Ave. & 112th in Parkland; 253-536-2020; www.commhealth.org

- Primary medical and dental care through 8 clinics (Parkland clinic is closest to Sumner/Bonney Lake area). Women's clinic, DV clinic, Homeless, and foot care for seniors. Medical coupons, insurance plans, and payment options. No one denied care based on inability to pay.

Lindquist Dental Clinic for Children, 130-131st Street (off Pacific Ave.), Parkland; 253-539-7445; www.lindquistdental.org,

- Non-profit providing accessible, compassionate and effective dental care to Puget Sound children in need, ages 0 -18.
- Offers full array of general dental services and emergency care. Accepts Apple Health, TriCare Dental (with no out-of-pocket for covered services for qualified), private insurance, sliding fee and Uncompensated Care Scholarship options for under and uninsured children. No child is turned away due to a family's inability to pay.

Smile for a Lifetime South Puget Sound Chapter (through Molen Orthodontics) http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/.

- National, non-profit provides orthodontic care to selected children with financial challenges, special situations, and orthodontic needs.
- Must be a resident of Sumner, Auburn, Enumclaw or surrounding communities. Between the ages of 11 and 17 with family income no more than 185% of poverty level (free/reduced lunch) or special circumstances. Must have significant aesthetic need for braces, enrolled in school w/ min.2.0 GPA. Must have a positive attitude and agree to follow the treatment plan and demonstrate ability and commitment to keep all appointments. Must be willing to complete 40 hours of community service over the course of treatment.
- How to Apply: Print the Application at: http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/. Include two letters of recommendation from someone other than a family member (only 2 are accepted, please limit them to one page each) and two color 5x7 pictures of the applicant (one smiling full face and one in which the applicant's teeth are clearly visible)
- Board of Directors meet bi-annually to make participant selection for program based on applications. Return your completed application to: Smile for a Lifetime, c/o Molen Orthodontics, 1110 Harvey Road, Auburn, WA 98002 Or smiles4life@MolenOrthodontics.com.

Low Cost Dental Care Resource Hotline – Tacoma-Pierce County Health Dept. 253-798-6044.

Family Health Hotline: 1-800-322-2588

HOUSING / HOME REPAIR / HOMELESS

Access Point 4 Housing, Associated Ministries, 253-682-3401; www.associatedministries.org/ap4h

- Centralized intake and referral system for families or individuals at risk of, or experiencing homelessness. Homelessness prevention services, assessment, case management, including rent and utility assistance.
- Services currently available at the Sumner Bonney Lake Family Center.

Rental Assistance, St. Vincent de Paul, St. Andrew's Catholic Church, Sumner, 253-863-4394 (message phone)

- Provides rental assistance for residents with Sumner, Bonney Lake, or Lake Tapps addresses. Must call to set up an appointment for a home visit. Provides additional resources to those who qualify.

LASA (Living Access Support Alliance) Rental Assistance, 253-581-8689, www.lasawa.org

- Phone line open Monday – Friday 10 am – noon.
- Provides rental assistance to 10-15 Pierce County residents each month with a 3 day pay or vacate notice. Also provide bus passes, utility assistance and prescription assistance.

Helping Hand House, 253-848-6096; www.helpinghandhouse.org

- Emergency Housing: Single family housing and basic needs for up to 90 days with intensive case management and life skills.
- Transitional Housing: Single-family housing and intensive case management for up to 24 months with strong emphasis on financial literacy, life skills and workforce training.
- Rapid Rehousing: Temporary, tailored financial and housing stabilization services that will enable families to quickly locate and become self-sufficient in their own housing.
- Permanent Supportive Housing: Single-family housing support, life-skills training, and intensive case management that decreases gradually as financial resources and skills improve to enable independence.
- Volunteer: Yard care, prep a home, supply drive, adopt a family, baked goods, and more.

Pierce County Housing and Rental Assistance Programs, http://www.pchawa.org/Housing 253-620-6500

- Section 8, Low Income Public Housing Program, Family Self Sufficiency Program, utility allowance schedules, and a list of rental properties accepting Section 8. Property locations throughout Pierce County.

Vine Maple Place, Maple Valley, 425-432-2119, www.vinemapleplace.org

- Serves: Single-parent families by providing them with transitional housing and support services.

Safe Families for Children, 877-341-7332; www.olivecrest.org/safefamilies

- Provides homes where parents may voluntarily have their children cared for while parents seek to restore stability in their lives because of crisis. Biological parents maintain full custody.

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching of those who wish to share their homes with those needing low-cost housing. Focus on low income adults, elderly, and disabled. Transitional family housing program for families experiencing homelessness.

Affordable Rental of Pierce County (sponsored by MDC), http://www.affordablerentalpc.org

- A one-stop on-line shop for affordable places to rent in Pierce County. It is free for landlords to post their empty units and free for people to browse for their new home.

Rebuilding Together South Sound, 253-238-0977, Pierce County residents, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors, disabled, or families w/children no-cost home repairs & modifications.
- Volunteer: Skills and time to help repair homes on Rebuilding Day the last weekend in April or year-round with home modifications and emergency repairs. Donate: Funds or materials (see list on website)

Emergency Response Team at Bonney Lake Community Resources (Food Bank), 253-863-4043

- Helps families with emergency needs (mainly car & home repairs).

USDA Rural Development Home Repair, Loans and Grants, 253-845-0553

- Must own or be buying a home, live in it, be unable to get other financing, live in rural area, & be low income.
- Volunteer: Repair cars and do minor home repairs.

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HOUSING / HOME REPAIR / HOMELESS (continued from previous page)

Senior Home Repair by Bonney Lake Senior Center & the Kiwanis Club of Bonney Lake; 253-863-7658

- Serves: Seniors who need minor home repairs.
- Volunteer: Help do repair projects as needed, gather firewood. Donate: Gift cards, money, firewood, supplies as needed.

Pierce County Housing Program Home Repair; 253-798-7038, www.co.pierce.wa.us/index.aspx?NID=1283

- Up to $1,000 in repairs for eligible participants. Homeowners and damage to rentals caused by tenants. Must have occupied the home for at least one year. Bonney Lake residents in city limits not eligible.
- Addresses emergency health and safety issues including repairs for appliances, plumbing, roof, furnace and more. Apply online.
- **Disability Home Repair Program**: 253-798-4344, www.co.pierce.wa.us/index.aspx?NID=1276

Tenant Rights in Washington State, www.washingtonlawhelp.org/resource/your-rights-as-a-tenant-in-washington

- Washington Law Help website w/ information from the Landlord Tenant Act. Multiple languages available.
- Authored by the Northwest Justice Project (www.nwjustice.org)

Down Payment Assistance Program for Pierce County, 253-798-6905,

- Makes funding available to assist lower-income households that qualify for a mortgage but lack resources for their down payment. See website for eligibility guidelines and more information.

Foreclosure Prevention Services from South Sound Outreach; 253-593-2111; www.southsoundoutreach.org

- Provides free, confidential default counseling and loan modification services. Register online and complete intake form.
- Assist with completing Social Security Disability claims for homeless or those at risk for homelessness.

WA Foreclosure Prevention Resource Guide (online) http://www.tre.wa.gov/documents/waResourceGuide091710-FINAL.pdf

Open Hearth Ministries, 253-307-2274

- Provides short term emergency motel shelter for homeless families in East Pierce County.

School District Homeless Education Coordinators, Sumner/Bonney Lake 253-891-6537; White River 360-829-3959

- Provides services to students living in transition.

Mother 2 Many Ministry, Bonney Lake 253-921-2138, email info@mother2many.org, www.mother2many.org

- Helping homeless teens & young adults with support, clothing, coats, and personal care items. Donations needed.

Housing 4 Success, Referral through Access Point 4 Housing at 253-682-3401; www.reachtacoma.org/housing

- Serves: Homeless unaccompanied youth and young adults ages 13 – 24.
- Provides subsidized housing and case management (job, mental health, substance abuse, education, life skills and training). A collaboration between Associated Ministries, Shared Housing Services, the REACH Center, and Vadis.
- Volunteer: Host homes needed – monthly rent provided.

Freezing Nights Puyallup & Sumner, 253-845-2897

- Provides adults in Sumner and Puyallup with free winter sheltering and hot meals in various locations.

Winter Shelter Program, Buckley & Enumclaw, 360-825-8961

- Provides adults and families in Buckley, South Prairie, Wilkeson, Carbonado, Black Diamond and Enumclaw with free winter sheltering and hot meals in various locations. Transportation leaves from Plateau Outreach Ministries, Enumclaw.

Project Homeless Connect, www.pchomelessconnect.com

- Hosts events to provide services that address basic needs, including medical and dental care, access to education, employment and benefits systems, chemical dependency assessments, flu shots, haircuts, and more.
- See website for locations and dates. East Pierce County location typically held in the spring.
- Volunteer: Sign up online to help – wide variety of volunteer opportunities.
-

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Resource Guide for the Tacoma Pierce County Coalition to End Homelessness:
http://cms.cityoftacoma.org/hrhs/homelesscoalition/memberresourceguide/MRG%202012%20final.pdf

UTILITY ASSISTANCE

City of Buckley

- Offers utility discounts to low income seniors and persons with disabilities. Complete details and applications are available at the Buckley Multi-Purpose Center or at the City Offices.

City of Bonney Lake

- Offers utility discounts (water & sewer) for low income seniors and persons with disabilities. Application available online at http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf

LIHEAP (Low Income Home Energy Assistance Program); http://liheap.commerce.wa.gov

- Pierce County Community Connections 855-798-4328 to make an appointment. Only makes appointments Mon. through Thurs. beginning at 7am until all appointments are filled. Eligibility guidelines are online. If your utilities are completely disconnected please call 253-798-3590 and leave a message.

LASA (Living Access Support Alliance) 253-581-8689, Monday – Friday, 10am – noon

- Water and sewer bill assistance only, no shut off or late fees. Open to all Pierce County residents.

PSE Energy Assistance Upgrades for Mobile Home Owners 1-800-828-8440

- Must own mobile / manufactured home, PSE customer, and use electric forced air as primary heat source.
- Provides free sealing of ductwork, free light bulbs, shower heads, and furnace filter replacements.

Pierce County Connections Home Weatherization Program; www.co.pierce.wa.us/index.aspx?NID=1290

- The weatherization team examines single and multi-unit dwellings and mobile homes for existing heat loss conditions. Teaches how to save energy and maximize efficient, safe operations of heating system.
- Apply online. Contact Teri Worth at 253-798-6115 for more information.

PSE Free Refrigerator Replacement: 1-877-341-2314.

- Free delivery and removal of old working refrigerator (1992 or older) http://pse.com/savingsandenergycenter/ForHomes/Pages/Free-Appliance-Replacement.aspx,

Free Cell Phones and Minutes Programs for income eligible

- Safelink Wireless, www.safelinkwireless.com
- Budget Mobile, www.budgetmobile.com

Low Cost Internet Access Programs (see eligibility guidelines)

- Comcast Internet Essentials, www.InternetEssentials.com, 1-855-846-8376
- CenturyLink Internet Basics, www.Centurylink.com/home/internetbasics

Firewood Resources – Please contact one of the agencies listed on page 2 of this guide that serves your location (under General Assistance and Resources) to assist you in locating this resource in your area.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

PARENTING / CHILDCARE / PREGNANCY

Good Samaritan (Multi-Care) Community Services Parenting Classes, 253-845-9177

- Provides a variety of classes in multiple locations in East Pierce County. Classes include Parenting with Love 'n Logic, Strengthening Families Parenting Class, Transition to Parenthood, Happiest Baby on the Block, Incredible Years, and support groups for ADHD and Relatives Raising Children. Please call for current schedule.

Hope Sparks Family Services (Relatives Raising Children); Puyallup 253-565-4484, www.HopeSparks.org

- Provides support, Counseling, education and advocacy to strengthen relatives and non-relatives who have assumed care of children not theirs by birth and to keep these children with their family.

Early Head Start Home-Based Services; 253-778-7800, Puget Sound ESD, www.psesd.org

- Free comprehensive prenatal, infant, toddler (up to 30 mo) and family development program to eligible children & families.

Readiness to Learn, Puget Sound Educational Service District; 253-798-7949, www.psesd.org

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

READY! For Kindergarten; 253-891-4776, www.readyforkindergarten.org

- Offers age-appropriate targets, trainings and tools for parents and caregivers of children birth to five years that ensure children success when entering kindergarten. Volunteer opportunities available.
- **Sumner School District:** www.readyforkindergarten.org/sumner; Free classes free to parents/primary caregivers. Childcare provided (pre-registration required). Out-of-district families charged $60 plus one-time $25 fee for materials. For more information, contact Laurie Sjolund 253-891-4776 or laurie_sjolund@sumnersd.org. Volunteer opportunities available.
- **White River School District:** www.readyforkindergarten.org/wrsd; Free classes to parents/primary caregivers. Childcare is provided (pre-registration required). Out-of-district families charged $60 plus a one-time $30 fee for materials. Contact Shauna or Kelly at 360.829.3357 or email sperez@whiteriver.wednet.edu or kfitzpatrick@whiteriver.wednet.edu.

In-Home Nursing Support, Tacoma Pierce County Health Dept., 253-798-6404

- Public Health Nurse provides personal support, answers to questions and connections to available services in your area.

Care Net of Puget Sound, Pregnancy & Family Services, 253-941-2664, www.carenetps.org

- Provides no cost compassionate practical **care**, accurate information and life-affirming resources related to pregnancy, sexual health and abortion recovery. Parenting classes, pregnancy at STD testing, childbirth education, baby boutique, options counseling, sexual risk avoidance, support groups, community referrals and resources, perinatal hospice support, and sex trafficking awareness. 24/7 Helpline 1-877-NOT-ALONE
- Closest locations in Federal Way (1414 S. 324th St, Ste B105) & Puyallup (11102 Sunrise Blvd E, Ste 107)

The Gabriel Project; St. Andrews Catholic Church, Sumner; 1-888-926-ANGEL; www.standrewsumner.org

- Parish based crisis pregnancy intervention, helping mothers or couples struggling with unplanned or difficult situations surrounding a pregnancy. Donate: gently used baby clothing, toiletries, diapers, formula, or monetary donations.

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenhelp.org

- Connects pregnant and parenting teens to health information, state benefit programs, and community-specific support resources.
- Also offers information and resources for all teens including topics such as relationships, dating violence, general and sexual health, pregnancy, parenting, legal resources, and planning for the future.

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PARENTING / CHILDCARE / PREGNANCY (Continued)

ECEAP (Early Childhood Education & Assistance Program); 253-798-7379, www.co.pierce.wa.us

- Offered through Pierce County Comm. Services, provides free services in local locations to eligible children & their families.

MOPS (Mothers of Preschoolers) – Serving moms w/children ages birth through Kindergarten; www.mops.org

- Sumner – Faith Covenant Church MOPS group, 253-863-5101. Currently meets every other Friday morning Sept – May.

A Common Voice – 253-537-2145, **www.acommonvoice.org**

- Supporting Parents raising children with significant mental health needs. Family-driven and youth-guided care plans. Increase daily coping strategies, navigate child serving systems including school, juvenile court and mental health. Parent Support Groups, Workshops, and Individual Support. Will attend IEP's with parent if asked.

Dolphin Club at Daffodil Valley Elementary School, Sumner; 253-891-4600, e-mail sara_gould@sumnersd.org

- A free after-school program for students attending Daffodil Valley Elementary. Focus on math and reading.
- Volunteer: 1 hour a week by helping with one-on-one academic enrichment (4:15 – 5) or enrichment activities (5-5:45)
- Donate: Books, art supplies, Legos, K'nex, board games, puzzles.

Child Care Resource & Referral for Tacoma-Pierce County; 253-591-2025, www.cityoftacoma.org/childcare

- Find child care and preschool resources throughout Pierce County. Assistance with finding care for special needs children.
- Information and training on becoming a licensed child care provider and supporting child care providers.

After-School Club @ Bonney Lake Library, www.piercecountylibrary.org

- Every other Tuesday 4:15 – 5:15 for K – 8th grade. Legos, laptops, button making, origami & more. Check schedule online.

Washington Homeschool Organization; www.washhomeschool.org (statewide non-profit membership organization)

EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION

Job Readiness Workshops at the Sumner / Bonney Lake Family center located in Sumner, 253-891-6535 to register

- Every Monday & Tuesday from 10am - 2pm , open to everyone, regardless of where you live.
- FREE, open to both women and men, workshop topics include cover letters, resumes, interviewing, managing stress, goal setting with action plans, occupational analysis, college bound info, dependable strengths articulation process, team building projects and more.

Pierce County Library Job Search & Online Job Coaching, www.piercecountylibrary.org.

- Job search services, resume writing, computer classes, and live online interview coaching.
- Free online job coaching available from your library or home computer. Sumner location has a Job & Business Center open to everyone.
- Job search workshops available at multiple locations. Please check online for class schedule.

Food Card Class Online, Tacoma Pierce County Health Dept., www.foodworkercard.wa.gov

- Learn on-line, take the test, and pay $10 for a card. Available in multiple languages.

WorkSource Online Job Search, 253-593-7303; 1305 Tacoma Ave. S., Tacoma; www.go2worksource.com

- Find job openings, learn strategies for finding a job, help preparing resume, interview skills, & more.
- Onsite location offers workshops, computer and internet access, training programs, and more.

Jobs for Life, Love, INC, 253-531-2366, www.loveincpiercecounty.org/jobsforlife, located in Puyallup

- 16 week job training, Christian-based course - creates job skills and creates a networking support system.

WorkFirst, http://www.workfirst.wa.gov

- Helps parents get what they need to prepare for and go to work. A partnership between state agencies and communities to work together to provide the necessary services and resources families need to be successful.
- See if you qualify and apply online: www.washingtonconnection.org/home/

ResCare Workforce Services, 253-219-8772

- Provides free on the job training, education, support services, case management and employment preparation for 16 – 24 year olds in Pierce County. Priority to low-income, disabled, homeless, drop-out, single parent, IEP. Transportation, GED, work and interview clothes, resume writing, individualized goals & resources, and more.

VADIS for people with disabilities, 1701 Elm St., Sumner; 253-862-5173; www.vadis.org

- Providing people with disabilities with employment opportunities.

WWEE (WA Women's Employment and Education), 253-474-9933; 3516 S. 47th, Suite 205, Tacoma; www.wwee.org

- Provides job readiness, computer skills training, and housing support services to low-income women. Employment services and paid internships offered throughout Pierce County for qualified individuals.

Suited for Success, a program of Phoenix Housing Network, 253-471-5340, www.ccsww.org

- Offers weekly workshops for low-income men and women seeking employment. Includes effective communication, interview and workplace behavior, and selecting interview attire at the on-site boutique.
- Donate: Suits and professional clothing.

Senior Community Service Employment Program, Goodwill, 253-573-6792 www.goodwill.org/scsep

- Serves: 55+, unemployed, low-income (125% of poverty) in Pierce County
- Provides temporary, subsidized job training and community service work placement 20 hrs a week.
- Looking for nonprofits & agencies to place individuals in internships at no charge.

Microsoft IT Academy offered through Pierce County Library, www.piercecountylibrary.org

- Offered online 24/7 for free in partnership with Microsoft and the Washington State Library.
- Develop computer skills, become proficient in Microsoft software, learn about web development and more.

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EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION (Continued

Coursera Online Courses (free), www.coursera.org

- Education platform that partners with top universities and organizations worldwide, to offer hundreds of courses online for anyone to take, for free.
- Watch short video lectures, take interactive quizzes, complete peer graded assessments, and connect with fellow learners and instructors.

Building Beyond the Walls; 425-346-2064, www.suezhart.com

- Provides free construction training, teaching the basics of construction through a series of hands-on training classes where a small building is completed to benefit a local non-profit or organization.
- Serves adults and youth 16 and over of all abilities.
- Volunteer/Donation: Construction contractors as instructors, donate materials and funding.

Computer & Resume Classes FREE at the Pierce County Libraries; www.piercecountylibrary.org

- See website for classes, times & locations. Classes include Excel, Word, computer for beginners, internet, more.
- Learning Express Library online in math, reading, writing, and academic & occupational tests.

Universal Class by Pierce County Library; http://piercecowa.universalclass.com

- Offers over 500 free online non-credit continuing education courses in a wide variety of topics.

Treehouse w/Pierce County Library: https://teamtreehouse.com/gateways/pierce_county_public_library/signup?

- Courses teach you the skills necessary to build your own websites and apps
- Treehouse partnered with Pierce County Public Library to provide free accounts for active cardholders. Don't need to be at the library to use your account. Once you've signed up you can access our courses from any device

Public Education Programs at East Pierce Fire & Rescue, 253-863-1800, www.EastPierceFire.org

- CPR & First Aid Classes available monthly for $15. Safe Sitter Classes $40. Free fire extinguisher training, smoke alarm installation, bicycle helmet and life jacket sales/fitting, child car seat inspections, and life jacket loaner program.

GED Lab at Sumner United Methodist Church, 901 Wood Ave., Sumner, 253-863-4287

- Tuesdays from 9am – 12noon and Thursdays 4pm – 7pm. Free – open to all.

Adult Basic Education at Pierce College, Call 253-840-8455 for more information

- Day and evening classes are available. Please call for the schedule. Tuition is $25 per quarter.

Tacoma Area Literacy Council (TALC) serving East Pierce County Residents; 253-272-2471, www.tacomaliteracy.org

- Provides free one-on-one tutoring in basic literacy skills and English as a Second Language (ESL) to adult learners.
- Tutor & learner meet at convenient times in a public location. Lessons are confidential and goal oriented. Support is ongoing.
- Volunteer: Tutors needed, free training provided.

Free Online Homework Help for Students, Pierce County Library, daily 1pm-10pm, www.piercecountylibrary.org.

- Expert Tutor helps with English, language arts, math, science, social studies, and more
- Available from your library or home computer.

Village Tutors at Buckley Youth Center, 251 S. River Ave., Buckley; 360-825-5014; www.buckleytutors.org;

- Free Comprehensive tutoring services for youth who live in White River School District. Summer math camps.
- Call or check website for current tutoring dates and times. Takes Bonney Lake students as space allows.

The Study Hub, Sumner United Methodist Church, 901 Wood Ave, www.sumnerumc.com

- Open Wednesdays 2:30pm – 5pm for middle school and high school aged students.
- Provides a safe place to catch up on homework and hang out with friends after classes. A few Internet-connected computers and printers, and a large room for projects and activities.

SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY

Calvary Community Church Support Groups & Care Ministries, 15116 Gary St., Sumner; 253-863-3352; www.cccsumner.org

- Most groups meet Monday evenings at 7pm. Optional dinner and worship at 6:30.
- Grief Share for individuals experiencing loss; HOPE (Healing Our Pain Everyday) for women dealing w/ depression & anxiety; Pure Desire to help men break free from sexual addiction; Betrayal & Beyond for women who have been betrayed in relationships; Rugged Cross Mentoring for couples wrestling with life issues; Celebrate Recovery for chemical dependency, co-dependency, sexual addition, or food addiction; The Landing for teens dealing with substance abuse.
- Funeral or Memorial at no cost – call church at 253-863-3352 to check facility availability and connect with the Service Coordinator.

The Center for Substance Abuse Recovery, 1110 Fryar Ave. Suite B, Sumner; 253-593-2740; http://mdc-hope.org/health/the-center-for-substance-abuse-treatment

- Youth & Adult programs provide substance abuse assessment, referral for other services, individual, group and family counseling, substance abuse education, and aftercare. Medical coupons accepted.

Freedom Recovery Center, 10215 214th Ave. E., Bonney Lake; 253-862-7374; www.freedomrecoverywa.com

- Substance abuse outpatient care, special groups and programs for adolescents, persons with co-occurring mental and substance abuse disorders, and DUI and DWI offenders. Private insurance or sliding fee scale.

Auburn Youth Resources Youth Substance Abuse Counseling, Call 253-939-6946 for appt.

- Free services provided for youth at the Buckley Youth Center, 251 S. River Ave. Buckley, by appointment.

Enumclaw Youth & Family Services, 360-825-4586, 1356 Cole St., Enumclaw, www.ayr4kids.org

- Offers individual and family counseling including youth behavior therapy, anger management, substance abuse assessments, DBHR certified outpatient drug & alcohol groups, and outreach services.
- Enumclaw Family Housing complex for low-income w/case management and support services for South King & North Pierce residents.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- Child & Adolescent Services meets the unique needs of children and adolescents exhibiting problems of mood, behavior or adjustment, which are adversely affecting their sense of self-worth and/or their functioning at home, school or community.
- Adult Community Support Services are individually tailored for adults with severe, long-term mental illness and for children and adolescents with significant emotional or behavioral problems.
- Family Therapy helps a child or teenager having emotional or behavioral problems is often best done with the whole family working together with a mental health therapist.
- Domestic Violence Counseling provides specialized counseling for those who have experienced physical, verbal and/or emotional violence in their relationships.
- Older Adult Services provides support to older adults and their caregivers who are experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.
- Adult Outpatient Chemical Dependency Program serving adults with private and DSHS insurance. 253-697-8420
- Walk-In Clinic for adults and children w/Medicaid or Healthy Options. Located at 325 E. Pioneer, Puyallup. 253-697-8400 for more information.

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SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY (Continued)

Exodus Counseling & Treatment Services, 253-891-2662; 918 Alder St., Sumner, email exoduscounseling@comcast.net

- Services: marriage & family, OCD, PTSD, addiction, mental health, court ordered and voluntary treatment, life coaching.
- Adult and adolescent services. Some insurance accepted, income sensitive.

Absolute Ministries, 877-306-5799, info@absoluteministries.org; www.absoluteministries.org

- Provides faith-based, positive housing to Christian men who have completed drug or alcohol rehab. Men will make a commitment to lead a substance free life, in an atmosphere that focuses on accountability, integrity, character, transparency, and responsibility.

Life Change Christian Counseling, 253-310-0350, www.lifechnagenw.org

- Offering help to those who are in crisis and cannot afford counseling.

School-Based Drug & Alcohol Counselors, located at schools in all districts.

- Drug and alcohol counseling and pre-screening appointments are available to students through their guidance office, counselors or administration. Please contact child's school for more information.

Area Support Groups (Several groups in the area, please call for detailed information and meeting locations)

- Alcoholics Anonymous: 253-474-8897
- Narcotics Anonymous: 253-531-8792
- Al-Anon and Ala-teen: 800-726-8094
- Celebrate Recovery:
  - Sumner Assembly of God on Fridays at 6pm;
  - Church on the Hill in Bonney Lake on Saturdays 6pm;
  - New Hope at 18408 S. Tapps E., Bonney Lake, on Saturdays 6pm;
  - Freedom Recovery Center, Bonney Lake, on Saturdays;
  - Calvary Community Church, Sumner, on Mondays at 7:00pm, optional dinner at 6:30pm.
- CARE – Chemical Abuse Resource & Education (information & referral): 253-572-2273

DOMESTIC VIOLENCE / ABUSE

Exodus Housing, P.O. Box 1006, Sumner, WA 98390; 253-862-6808, www.exodushousing.org

- Serves: Homeless families with children who have been impacted by domestic violence; permanent housing, tailored strength-based empowerment model of case management, and family renewal services.
- Donate: Household supplies, money, gift and gas cards, toiletries, diapers size 4 - 6.
- Volunteer: Have an essential needs drive w/ friends or coworkers. Language interpreting and translation.

Domestic Violence Housing Services (Please call for detailed information)

- Associated Ministries Housing & Shelter Services, 253-383-3056 ext.111: 14 Pierce County shelter programs, severe weather shelter programs, information on available shelter beds & rentals assistance, Open Hearth Ministries case management. www.associatedministries.org
- Helping Hand House, 253-848-6096 ext. 12: Transitional housing for homeless with children, rapid rehousing, emergency housing. www.helpinghandhouse.org
- Phoenix Housing Network, 253-471-5340: Housing for families with children under 18. www.ccsww.org
- YWCA Domestic Violence Shelter, 253-383-2593: Housing for domestic violence. www.ywcapiercecounty.org
- Family Renewal Shelter, 253-475-9010 (24 hr crisis line); Emergency advocacy and transportation for women & children in immediate danger, case management, transitional housing. www.domesticviolencehelp.org

Good Samaritan Domestic Violence Victim Services (located in Puyallup) 253-445-8120

- Services: Specialized counseling, weekly support group, education, and support, advocacy, information and referral. For those who have experienced physical, verbal and/or emotional violence in their relationships.

Crystal Judson Family Justice Center & Helpline, 253-798-4166, www.familyjusticecenter.org

- Offers wide array of social services and government assistance to victims of domestic violence.

Washington State Domestic Violence Hotline: 800-562-6025 **National Domestic Violence Crisis Line:** 1-888-550-3915

Sexual Assault Center of Pierce County, 24 hour crisis line (800)756-7273, 253-597-6424

COMMUNITY COALITIONS

Sumner/Bonney Lake Communities for Families Coalition (CFF), Meets 1st Thurs., 3:00 at Sumner School District Admin. Bldg, 1202 Wood Ave, Sumner; 253-891-6066. Website: www.sumnersd.org/studentfamilyservices/STARR/pages/CFF and on Facebook.

- Goals: Identify community assets & needs, link resources, services & activities, support family-related activities.
- Activities/Volunteer: Youth forums, Community Summit, Drug Free Communities Coalition, Unsung Hero Award, and support activities benefiting youth and families.

Prairie Ridge Community Coalition, Meets 2nd Mondays, 10 am at Prairie Ridge Comm. Service Cntr, 14104 Prairie Ridge Dr., Bonney Lake; 360-897-8378; Find on Facebook www.facebook.com/pages/Prairie-Ridge-Community-Coalition

- Promote partnerships to provide programs and resources for youth and families, including weekly hot meal site, school supply distribution, National Night Out, holiday events, activities for youth & families, summer activities for children, Parks Action Team, community safety events, networking.
- Donate: Christmas stocking stuffers & candy, school supplies, dinner service supplies, summer activity supplies.
- Volunteer: Seeking partners to sponsor youth & family programs and assist at existing events. Help elderly and disabled with yard work.

White River Families First Coalition (FFC), Meets 4th Mondays, 3:30 at the Buckley Fire Station, 611 S. Division St., Buckley; 253-829-0600. On Facebook www.facebook.com/pages/White-River-Families-First-Coalition

- Goals: Promote activities and partnerships that support the health and human services needs of individuals, youth and families in order to strengthen White River communities. Website: www.whiteriver.wednet.edu, click "departments" then "Family Support Services" then "Families First Coalition".

Rainier Foothills Wellness Foundation, 360-802-3206, 1675 Cole St., Enumclaw, www.rfwellnessfoundation.org

- Initiatives include Foothills Healthy Community Coalition (Drug & Alcohol), Mental Health Task Force, LINCCK (Violence Prevention), Care Van, Dental Van, and Neighbors Feeding Neighbors.

More Organizations Serving NE Pierce County (on location)

Volunteer Chore Services, Catholic Community Services, 253-383-3697, www.ccsww.org

- Helps elders and people with disabilities who cannot afford assistance or qualify for other assistance to remain independent in their own homes. Volunteers provide assistance 2 – 8 hours per month in a variety of areas including housework, laundry, shopping, yard work, and minor home repairs. Based on availability of volunteers.

Safe Streets, Uniting Neighbors Against Crime, 253-272-6824; www.safest.org

- Empowers individuals, families, youth, neighborhoods and organizations to create safe neighborhoods through block watch training and groups. National Night Out the first Tuesday in August.

HEROS (Helping Elders Through Referral and Outreach Services – MultiCare Older Adult Services), 253-445-8120

- Older adult services provides support, including in-home services, to older adults and their caregivers experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, grief and loss.

Washington Masonic Charities Outreach Services, 844-288-3531

- Provides one-time limited needs assistance and emergency funds for elderly, disabled, and those in need, including minor home modifications, repairs, and more. Call for more information on individualized services.

Aging & Disabilities Resource Center (ADRC), (253)798-4600.

- Helping older adults and individuals with disabilities remain safe in their homes. Community Connections Resource Guide http://www.co.pierce.wa.us/index.aspx?NID=1986.

South Sound Outreach, 3505 122nd Ave E (Mt View Lutheran Church), Edgewood, 253-593-2111; www.southsoundoutreach.org

- Assistance with accessing resources and services in Pierce County.

Love, INC Pierce County, 10213 139th St. Ct. E. #81, Puyallup, www.loveincpiercecounty.org

- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.
- A network of Christian churches working together to help those in need in our community.

Pasado's Safe Haven Pet Spay/Neuter; www.pasadossafehaven.org

- Offers low cost or free pet spay and neuter services in a mobile van in Sumner, Buckley, Orting, Enumclaw & Puyallup.
- See website for specific information, registration, locations & instructions

Legal Assistance: Washington LawHelp, www.washingtonlawhelp.org or CLEAR www.nwjustice.org

- Assists low-income individuals solve legal problems – much of the information is online and accessible to everyone. Printable forms, videos and other self-help forms. Very low income individuals can get assistance on non-criminal issues from CLEAR at www.nwjustice.org or 1-888-201-1014

Reach Enumclaw Free Legal clinic, Enumclaw Library, 1700 1st St.

- Open to all on a first come first served basis on the first & fourth Thursday of the month, 5:30pm to 7:30pm.
- Offers a free 30 minute consultation via computer with a volunteer attorney from King County.
- Washington attorneys will meet with clients via the Internet for a half hour to consult on legal issues including: family law, landlord tenant, creditor debtor, contract disputes, discrimination, wills and estate planning, and others. Criminal case related matters may be reviewed if there is no current case pending. They also offer referrals to other agencies that may resolve client's problems.

CONTINUED ON NEXT PAGE

More Organizations Serving NE Pierce County (on location)

Free Tax Preparation Assistance, more info and schedule at www.AARP.org and www.southsoundoutreach.org

- AARP & VITA sponsored February – April at various locations (usually Bonney Lake & Buckley Senior Centers).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com

School Supplies –See agency information located in this resource guide for the following organizations: Sumner/Bonney Lake Family Center, White River Family Support Center, Lions 4 Kids House, Donald Loomis Clothing Bank, Bonney Lake Seventh Day Adventist Clothing Bank and Prairie Ridge Community Coalition.

Christmas Holiday Resources

- **Buckley Christmas Giving Tree sponsored by City of Buckley Firefighters Assn** – Applications available at fire station and with school counselors. Serves 98321, 98323, 98396. Preschool aged children are eligible. 360-829-1441 or email buckleyfd@cityofbuckley.com
- **Sumner's Toy Box** sponsored by Sumner Police Dept. In partnership with the Sumner-Bonney Lake Family Center, East Pierce Fire & Rescue, & Toys for Tots. Students in Sumner School District and located in Sumner should contact their school counselor to sign-up. 253-299-5662, http://www.ci.sumner.wa.us/Government/Police/Sumner_police_toys.htm
- **Bonney Lake Giving Tree** sponsored by Bonney Lake PD. Sumner-BL Family Center, East Pierce Fire & Rescue & Toys for Tots. Students in Sumner School District and located in Bonney Lake should contact their school counselor to sign-up.
- **Calvary Community Church Giving Tree, Sumner,** takes referrals, 253-862-3352 www.cccsumner.org
- **Forgotten Children's Fund** 253-857-4619, apply online for help: www.forgottenchildrensfund.org/RequestHelp
- **Northwest Santa** (visit from Santa and a present) for Bonney Lake, Sumner, Orting families www.nwsanta.org

Thanksgiving Holiday Resources

- **Big Give - Bonney Lake & Sumner** for families living in Sumner School District. Vouchers available at school counselor offices and at Bonney Lake Food Bank and Emmanuel Food Pantry. Distribution on Saturday prior to Thanksgiving at Walmart Garden Center and Fred Meyer, Sumner. Sponsored by Open Life Church. www.CommunityBigGive.com
- **Plateau Outreach Ministries Thanksgiving Food Bank** – serves families in Enumclaw and White River School District (except 98391 area). 360-825-8961 www.plateauoutreach.org

Important Pierce County Contacts:

- Report illegal drug activity in unincorporated Pierce County confidentially online directly to the Pierce County Sheriff's Department: https://yakima.co.pierce.wa.us/PCSDTips/index.cfm?TipType=Drug
- Registered Sex Offender Search, by community or address: www.sheriffalerts.com/cap_main.php?office=54483
- Neighborhood Crime Statistics for Pierce County: www.piercecountycrimedata.org
- Pierce County Responds (illegal dumping, junk vehicles, land use, etc.): 253-798-4636, www.piercecountyresponds.org
- Pierce County Request For Action (Potholes, broken signs, road maintenance, etc.): www.piercecountywa.org/rfa
- TPC Health Dept. Environmental Health Program: 253-798-6047, www.tpchd.org/environment
- Pierce County Animal Control 253-798-7387 www.co.pierce.wa.us click on "Safety" on top then "Animal Control"
- Pierce County Sherriff Non-Emergency 253-798-4721

The following local organizations offer a wide variety of services, activities and/or volunteer opportunities. Please contact them for more information:

City of Bonney Lake, 9002 Main St. E., Bonney Lake; 253-862-8602, www.ci.bonney-lake.wa.us
City of Sumner, 1104 Maple St., Suite 253, Sumner; 253-863-8300, www.ci.sumner.wa.us
City of Buckley, 933 Main St., Buckley; 360-829-1921, www.cityofbuckley.com

Sumner/Bonney Lake Recreation Department, 1202 Wood Ave., Sumner; 253-893-6000, www.sumnersd.org
White River Community Activities Program, 250 W. Main St., Buckley; 360-829-3366, www.whitervier.wednet.edu
Buckley Youth Activities Center, 251 S. River Ave., Buckley; 360-829-1921, www.cityofbuckley.com
White River Community Activities Program, 27515 120th St. E., Buckley, 360-829-3366, www.whiteriver.wednet.edu
Gordon Family YMCA, 16101 64th St. E., Sumner; 253-826-9622, www.ymcapkc.org/gordonymca

Bonney Lake Library, 18501 90th St. E., Bonney Lake; 253-548-3308; www.piercecountylibrary.org
Sumner Library, 1116 Fryar Ave., Sumner; 253-548-3306; www.piercecountylibrary.org
Buckley Library, 123 S. River Ave., Buckley; 360-548-3310; www.piercecountylibrary.org
Friends of the Library: Buckley 360-829-0300 / Bonney Lake 253-548-3308 / Sumner 253-548-3306

Bonney Lake Senior Center, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658; www.cityofbuckley.com
Sumner Senior Center, 15506 62nd St. Ct. E., Sumner; 253-863-2910; www.ci.sumner.wa.us
Buckley Senior Center, 811 Main St., Buckley; 360-829-0190; www.citybonneylake.org
Cedar Ridge Retirement & Assisted Living, 9515 198th Ave E., Bonney Lake; 253-299-6461

Bonney Lake Lions Club, Club meets 2nd & 4th Thursdays at 7pm at Andre's Bar & Grill. www.bonneylakelions.com
Kiwanis Club of Bonney Lake, Service club meets at Bonney Lake Senior Center Tuesday mornings at 7:00am
Rotary Club of Sumner, meets Tuesdays at 12 noon at Puyallup Elks Club. 253-862-1818; www.rotaryclubofsumner.org
Buckley Kiwanis Club, Service club meets 1st & 3rd Thursday at 6:45 am at the Buckley Eagles, www.buckleykiwanis.org
Buckley Eagles Aerie 1387 & Auxiliary, 360-829-1161, www.foe.com, www.facebook.com/pages/buckley-EAGLES
Wilkeson Eagles Aerie 1409, 360-367-0078, www.foe.com, www.facebook.com/pages/wilkeson-eagles
Bonney Lake Chamber of Commerce, www.bonneylake.com; 253-222-5945.
Sumner Downtown Association, www.sumnerdowntown.com
Buckley Chamber of Commerce, www.buckleychamber.org
Buckley Downtown Business Association, www.buckleybusinessassociation.org

East Pierce Fire & Rescue, 18421 Old Buckley Hwy., Bonney Lake; www.eastpiercefire.org ; 253-863-1800
Toys for Tots, Sumner & Bonney Lake Police Depts. & Buckley Fire Dept. Collecting, wrapping & distributing toys
Foothills Rails-To-Trails Coalition, www.piercecountytrails.org
Adopt-A-Street in Bonney Lake: http://www.ci.bonney-lake.wa.us (info in Community Section)
Adopt-A-Road in Pierce County: http://www.co.pierce.wa.us/index.aspx?NID=1744

Beautify Bonney Lake, www.beautifybonneylake.org, Annual event in September.
Beautification of Buckley, An annual event sponsored by the Buckley Chamber of Commerce.
Relay for Life, Sumner/Bonney Lake Relay for Life Team, www.sumnerbonneylakerelay.org; 253-272-5767.
Relay for Life of Buckley www.relayforlifeofbuckley.com.
Friendly Horse Acres, Buckley, www.friendlyhorseacres.com

Sumner School District, 1202 Wood Ave., Sumner; 253-891-6000, www.sumnersd.org
White River School District, 240 North "A" St., 360-829-0600, www.whiteriver.wednetnet.edu
Carbonado Historical School District, 427 4th St., Carbonado, 360-829-0121, www.carbonado.k12.2a.us

COUNTY-WIDE YOUTH-SERVING ORGANIZATIONS WITH MULTIPLE GROUPS/CLUBS IN THE AREA

- Boy Scouts of America, 253-752-7731, www.pacificharbors.org
- Girl Scouts of Western Washington, 253-475-0307, www.girlscoutsww.org
- Pierce County 4-H Clubs, 253-798-7180, www.pierce.wsu.edu
- Campfire Boys & Girls, 253-597-6234, www.campfireusaorca.org

ORTING RESOURCES:

Orting Family Support Center, 120 Washington Ave. N., 360-893-8500, open Monday – Thursday 9:00 am – 2:00 pm

Orting Food Bank, 224 Washington Ave. SE, 360-893-0095, www.ortingfoodbank.org; Mon. 3-6, Wed. 12-3, Fri. 9 -12

Abundant Life Community Clothing Bank, 121 Whitsell St., Orting, 360-893-6929, Open Wednesdays 3:30 – 5:30pm

Orting School District, 121 Whitsell St., Orting, 360-893-6500, www.orting.wednet.edu

City of Orting Parks & Recreation, 360-893-2119 x120, www.cityoforting.org

Orting Valley Senior Center, 120 N. Washington, Orting; 360-893-5827

OSTOP (Orting Standing Together on Prevention), 253-686-2357, www.ortingstop.com

Orting Library, 292 Washington Ave. S.; Orting; 360-893-2661; www.piercecountylibrary.org

Orting High School PTTE (Parents & Teachers Together in Education), 360-367-0977; on Facebook Orting PTTE

Orting ECEAP, located behind Orting Elementary School; 360-893-6767, www.co.pierce.wa.us/index.aspx?nid=1973

The Haven (Teen Center), 112 Train St. SW., Orting, 253-227-4838, www.ortinghaven.com

Washington Soldier's Home, Orting, 1305 Orting-Kapowsin Hwy, Orting, 360-893-4511 (Terry Nisbet, Activities Director)

Not finding what you're looking for?

- ✓ ***Call 211 or go to***
- ✓ **Within Reach Resource Finder at https://resources.parenthelp123.org**
- ✓ **Contact one of the agencies listed on page 2 "General Assistance & Resources"**

Find information about local events and activities on the Facebook Group "Happenings, Information and Help on the Plateau.

Looking for more volunteer opportunities?

- *Go to "Volunteer Bonney Lake, Buckley & Sumner" on Facebook for local postings of volunteer opportunities.*
- *Go to the United Way website www.uwpc.org, click "Volunteer" to search volunteer opportunities throughout Pierce County.*
- *Catholic Community Services has a list of opportunities available in all areas www.ccsww.org (click on "Volunteer").*

Looking for events and activities in our area? Join the group "Happenings, Information & Help on the Plateau" on Facebook. www.facebook.com/groups/Happeningsontheplateau/

Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources").
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).
- **The Sumner School District's website** www.sumnersd.org (click on "For Families" to access guide)

About this Resource Guide: The resource information included in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups.
To update/correct information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com.
This resource guide is a volunteer service project and not affiliated with a specific agency or organization.